

Donald F. Perras
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Ph.D. Special Education: Seriously Emotionally Disturbed
George Peabody College, Vanderbilt University, Nashville,
Tennessee 1975

M.S. Special Education
Fairfield University, Fairfield, Connecticut 1970

B.S. Psychology
University of Bridgeport, Bridgeport, Connecticut 1967

College Teaching

Southern Connecticut State University, New Haven, Connecticut
Associate Professor, Special Education & Reading Department
Director, Emotional Disturbance - Behavior Disorders Specialty (1972 - 2009)
Adjunct (2009 - 13)

Courses Taught:

Classroom Management Techniques in Educational Settings (SED 375)
Affective Education Techniques (SED 525)
Seminar in Education of the Seriously Emotionally Disturbed (SED 526)
Classroom Group Processes with Exceptional Children (SED 527)
The Socially and Emotionally Disturbed Adolescent (SED 620)
Independent Study (SED 600)

University of St. Joseph College, West Hartford, Connecticut
Adjunct, Special Education (2011 - 14)

SPEC 534 'Positive Behavior Supports'
SPEC 535 'Law and Special Education'
SPEC 541 'Collaborative Consultation for School Personnel'
SPEC 544 'Social Skill Interventions'

Post University, Waterbury, Connecticut
Adjunct, Education Department (2011 – 12)

Global Partnership Schools, New York (2011 - 12)
Harding High School, Bridgeport, Connecticut
School – of – One, Cleveland, Ohio

Special Education Teacher:
Pequot School, Fairfield, Connecticut (1969 – 70)
Intellectually Disabled Adolescents

Bridgeport Regional Center, State of Connecticut, Bridgeport, Connecticut (1967 – 69)
Intellectually Disabled Adolescents

Consultation:

Staff development workshops and/or on – site consultation on ‘classroom management,’ ‘mental health programming,’ ‘differentiated instruction,’ and ‘inclusion interventions’ in fifty – four (54) districts/agencies and two - hundred ninety schools/ thirty – seven agencies since 1973. Specialize in urban, transitional communities.

Consultation Sites 2021 – 022:

State Education Resource Center, Middletown
Multi – Cultural Academy Charter High School, Philadelphia, PA
St. Thomas Aquinas School, Fairfield
Junior Republic, Litchfield (private, residential special education)
Catapult Learning, LLC, Camden, New Jersey

Consultation Sites 2004 – 021: (chronological order):

Consolidated School District of New Britain
Alternative Route to Certification, State Department of Higher Education, Hartford
(student teaching supervision/coaching)
Immaculate High School, Danbury
St. Thomas Aquinas School, Fairfield
Enlightenment School, Waterbury
Multi – Cultural Academy Charter High School, Philadelphia, PA
Wintergreen K – 8 Inter – District Magnet School, A.C.E.S., North Haven
Daniel Hand High School, Madison
St. Joseph High School, Trumbull
St. Rita School, Hamden
St. Rose of Lima School, Newtown
Alternative Route to Certification, State Department of Higher Education, Hartford

Booth Hill Elementary School, Shelton
Trinity Catholic Middle School, Stamford
St. Ann Academy, Bridgeport
Thomas Edison M.S., Meriden (A.C.E.S.)
Sage Park Middle School, Windsor
Assumption Catholic School, Fairfield
Ansonia Middle School
Mead Elementary School, Ansonia
Aquaculture High School, Bridgeport
Bridgeport Public Schools
Bloomfield Public Schools
Connecticut Audubon Society, Fairfield
Derby Middle / High Schools
DOMUS Academy, Stamford
Franklin Elementary School, Stratford
Greenwich Public Schools
Our Lady of Fatima School, Wilton
New Britain Public Schools
New London Public Schools
Windsor Public Schools
Regional School District # 9 (Easton)
Region School District # 8 (Hebron)
Waterbury Public Schools
Stamford Public Schools
Regional School District # 1 (Falls Village)
New Haven Public Schools
Thomaston Public Schools

Webinars/ Videos / PD

'Teacher Mental Health: Elementary' (April 2021)

https://youtu.be/e9a51_EP2fk

'Behavioral Interventions for Hybrid Learning' (January 2021)

<https://youtu.be/-e4fCsdE7Dw>

'HS Distance Learning/Behavioral Interventions' (January 2021)

https://youtu.be/L7AplWtsSE_w

'Teacher Mental Health Coaching 2021' (November 2020)

<https://youtu.be/gXLH4j6kz7o>

'Teacher Mental Health 2020' (July 2020)

https://youtu.be/y0McGm_gHe4

'Teacher Shortages: An International Dilemma'

'Teacher Mental Health: Administrators'

'High School: Instructional Options'

'Teacher Personality: Instructional Practices'

'Elementary Conventional Teaching/Behavioral Interventions'

Conference/Media Presentations:

**Effective Classroom Management: New Orleans Summer Institute, Catapult Learning, LLC
(June 2021)**

**The Importance of Educators' Personality to Instructional Practices, Sibme conference
(June 2021)**

**Teacher Mental Health, 40th New England League of Middle Schools' Annual Conference
(March 2021)**

'Checking In On The New School Year,' WSHU (October 2020)

<https://wshu.drupal.publicbroadcasting.net/post/checking-new-school-year>

Teacher Mental Health, Sibme conference (June 2020)

'Teacher Mental Health,' WSHU, Fairfield (November 2019)

www.wshu.org/post/teacher-stress

**Teacher Mental Health. 37th New England League of Middle Schools' Annual Conference,
Providence, Rhode Island (March 2018)**

**Teacher Mental Health. 36th New England League of Middle Schools' Annual Conference,
Providence, Rhode Island (March 2017)**

**An Ecological Classroom Management Model for Job Corps Agencies. San Antonio, Texas
(July 2009)**

**An Ecological Classroom Management Model for Urban Middle Schools. 28th New
England League of Middle Schools' Annual Conference, Providence, Rhode Island (April
2009)**

An Ecological Management Model for Urban High Schools. 7 th Hawaii International Conference in Education, Honolulu, Hawaii (January 2009)

An Ecological Model of Classroom Management Strategies in An Inclusive Urban High School Setting. TECBD Annual Conference, Tempe, Arizona (November 2007)

Training Internal Consultants in Classroom Management Strategies. NELMS Annual Conference, Providence, Rhode Island (March 2003)

Professional Development Workshops 2005 – 0014:

2005:

'Classroom Management: An Ecological Model.' Bridgeport Public Schools, New Teacher Orientation, August
'Classroom Management: An Ecological Model.' Bloomfield Public Schools, New Teacher Orientation, August
'Classroom Management: An Ecological Model.' Region # 8, Hebron, New Teacher Orientation, August
'Classroom Management: An Ecological Model.' Western Middle School, Greenwich, New Teacher Orientation, August

2006:

'Classroom Management: An Ecological Model.' Bridgeport Public Schools, New Teacher Orientation, August
'Classroom Management: An Ecological Model.' Bloomfield Public Schools, New Teacher Orientation, August
'Classroom Management: An Ecological Model.' Region # 8, Hebron, New Teacher Orientation, August
'Classroom Management: An Ecological Model.' Western Middle School, Greenwich, New Teacher Orientation, August
'Classroom Management: An Ecological Model.' Sage Park Middle School, Windsor, New Teacher Orientation, August

2007:

'Classroom Management: An Ecological Model.' North Canaan Elementary School, January
'Behavior Management Strategies: Paraprofessionals.' Roxbury School, Stamford, March
'Classroom Management: An Ecological Model.' Gateway Community College, New Haven, July

'Classroom Management: An Ecological Model.' Teacher Orientation, August Bridgeport Public Schools, New

'Classroom Management: An Ecological Model.' Teacher Orientation, August Bloomfield Public Schools, New

'Classroom Management: An Ecological Model.' Orientation, August Region # 8, Hebron, New Teacher

'Classroom Management: An Ecological Model.' New Teacher Orientation, August Western Middle School, Greenwich,

'Classroom Management: An Ecological Model.' New Teacher Orientation, August Sage Park Middle School, Windsor,

'Classroom Management: An Ecological Model.' Teacher Orientation, August Crosby High School, Waterbury, New

'Behavior Management Strategies.' Project Gear – Up, Yale School of Psychiatry, October

'Classroom Management: An Ecological Model.' November Enfield High School, Enfield,

2008:

'Classroom Management: An Ecological Model.' Teacher Orientation, August Bridgeport Public Schools, New

'Classroom Management: An Ecological Model.' Teacher Orientation, August Bloomfield Public Schools, New

'Classroom Management: An Ecological Model.' New Teacher Orientation, August Western Middle School, Greenwich,

'Classroom Management: An Ecological Model.' New Teacher Orientation, August Sage Park Middle School, Windsor,

'Classroom Management: An Ecological Model.' Teacher Orientation, August Crosby High School, Waterbury, New

'Classroom Management: An Ecological Model.' September Wilby High School, Waterbury,

'Instructional Strategies.' Bassick High School, Bridgeport, September

'Classroom Management: An Ecological Model.' October Central High School, Bridgeport,

'Classroom Management: An Ecological Model.' October Trailblazers Academy, Stamford,

'Classroom Management: An Ecological Model.' Collaborative Alternative Magnet School, ACES, Northford, October

2009:

'Classroom Management: An Ecological Model.' North Canaan Elementary School, No. Canaan, February

'Classroom Management: An Ecological Model.' Carmen Arace Middle School, Bloomfield, February

'Classroom Management: An Ecological Model.' Wilby High School, Waterbury, February

'Classroom Management: The Reflective Educator.' Crosby High School, Waterbury, March

'Classroom Management: The Reflective Educator.' Bloomfield High School, Bloomfield, March

'Classroom Management: An Ecological Model.' West Side Middle School, Waterbury, April

'Classroom Management: The Reflective Educator.' Roosevelt Middle School, New Britain, April

'Classroom Management: An Ecological Model.' Southern Connecticut State University, New Haven, May

[** approximately 1, 600 educators attended these sessions between 2005 – 009]

2010:

'Referent Power', Greater Hartford Academy of Math & Science, March (CREC)

'Classroom Management: An Ecological Model.' Staples High School, Westport (May)

'Classroom Management: An Ecological Model.' Waterbury Public Schools, (August)

'Classroom Management: An Ecological Model.' New Britain Public Schools, (October)

2011:

'Problems in Public Schools' : Channel 12 , Norwalk, Conn. 7/30

'Classroom Management: An Ecological Model.' New Britain Public Schools, (January)

'Classroom Management: An Ecological Model.' Waterbury Public Schools, (February)

'Classroom Management: An Ecological Model.' Waterbury Public Schools (August)

'Classroom Management: An Ecological Model.' New Britain Public Schools (October)

2012:

'Classroom Management: An Ecological Model.' Connecticut Association for Accounting Educators. Rocky Hill, January

'Classroom Management: An Ecological Model.' Immaculate High School, Danbury
January

'Classroom Management: An Ecological Model.' Waterbury Public Schools, August

'Classroom Management: An Ecological Model.' Stamford Academy, August

'Classroom Management: An Ecological Model.' New Britain Public Schools,
October

2013:

'Classroom Management: An Ecological Model.' Region # 15, Middlebury, January

'Classroom Management: An Ecological Model.' B. Dover M.S., New London, August

'Classroom Management: An Ecological Model.' Waterbury Public Schools, August

'Classroom Management: An Ecological Model.' Immaculate High School, Danbury,
August

"Strategies for Improving Mental Health Services for At – Risk Students,' Lorman
Education Services webinar, October

"Classroom Management: An Ecological Model,' State Education Resource Center,
Middletown, November

2014:

'Classroom Management: An Ecological Model.' Thomas Edison Middle School, Meriden,
December.

'Classroom Management: An Ecological Model.' Ansonia Middle School, November

'Classroom Management: An Ecological Model.' Catholic Diocese of Bridgeport, new
teachers, October

'Classroom Management: An Ecological Model.' New Britain Public Schools,
art / music teachers, September.

'Classroom Management: An Ecological Model.' Ansonia Public Schools, new
teachers, August.

'Classroom Management: An Ecological Model.' Sage Park Middle School, Windsor, new teachers, September.

'Classroom Management: An Ecological Model.' Multi – Cultural Academy Charter High School, Philadelphia, June

'Classroom Management Strategies.' GEAR UP, Waterbury, August

2015:

'Teacher Mental Health.' Multi – Cultural Academy Charter High School, Philadelphia, April

'Classroom Management Strategies.' Catholic Diocese of Bridgeport, new teachers, May

'Classroom Management: An Ecological Model.' DOMUS, Stamford, new teachers (alternative middle / high school programs for emotionally – behaviorally at – risk students), August

'Classroom Management: An Ecological Model.' Derby Middle / High Schools, August

'Classroom Management: An Ecological Model.' Thomas Edison Middle School, Meriden, August

2016:

'Classroom Management: An Ecological Model.' ARC program, Hartford, February

'Teacher Mental Health.' St. Augustine Upper School, Bridgeport, March

'Teacher Mental Health.' Shelton Public Schools, Shelton, November

'Teacher Mental Health.' Assumption Catholic, Fairfield

2017:

'Teacher Mental Health.' Flood Middle School, Stratford, May

'Teacher Mental Health.' Shelton Public Schools, August

'Classroom Management: An Ecological Model.' Wintergreen K – 8 Magnet School, Hamden, November

2018:

'Teacher Mental Health.' St. Rose of Lima K – 8 School, Newtown, April

'Instructional Strategies.' Kolbe High School, Bridgeport, May

'Classroom Management: An Ecological Model.' Hartford Diocese, August

'Classroom Management: An Ecological Model.' Visual Arts Dept., New Britain Public Schools, September

Publications/Articles:

'Teacher Career Stages' (2021)

'Teacher Personality' (2021)

'Teacher Mental Health: An Introduction' (2020)

Perras, D. (2020). 'How Virtual Coaching Has Helped My New Teachers Improve,'
Insight Advance

Perras, D. (2018). Classroom Management: An Ecological Model. (12th ed), Dynamic
Printing, Monroe, CT

Perras, D. (2017): 'Classroom Management: Teachers' Misconceptions,' *South East Education Network*, vol. 18.3, pages 46 – 47, Winter/Spring.

Perras, D. (2015). 'Classroom Management: Teachers' Communication Styles,'
***South East Education Network*, vol 17.2, pages 54 – 56, Fall, 2015.**

Perras, D. (2015). 'Providing A Classroom Management Guide for Beginning Teachers,'
***South East Education Network*, vol. 17.1, pages 73 – 74, Spring, 2015.**

Perras, D. (2014). 'Classroom Management: Teachers' Affective Styles.' *South East Education Network*, vol. 16.3, pages 22 – 23, Fall, 2014.

Perras, D. (2014). 'Student Readiness to Achieve: Decreasing the Achievement Gap.'
***South East Education Network*, 6/19/'14**

Perras, D. (2013). 'Creating an Engaging School Climate.' *South East Education Network Journal*, vol. 15.3, pages 50 – 51, Winter, 2013.

Perras, D. (2013). 'Classroom Management: An Ecological Model.' *South East Education Network Journal*, vol. 15.2, pages 124 – 125, August, 2013

Perras, D. & Mohan, S. (2012). *An Ecological Model of Classroom Management for Secondary Educators*. LuLu.com

Perras, D. (2014) *Classroom Management: An Ecological Model*. (9th ed), Dynamic Printing, Monroe, CT

Perras, D. (2006 – 012):

(2006) "Parents Are Always Needed" -

(2006) "Managing Discipline"

(2007) "The Challenge of Education in our Cities" –

(2007) "New School Year Brings New Challenges"

(2007) "Our State of Parenting as 2007 Starts" -

(2008) "Beginning A New School Year"

(2009) "The Quality of Public Education in 2009"

(2010) "Beginning A New School Year"

(2012) "School Reform: An Ecological Model"

Sunday Editorial Section, Connecticut Post, Bridgeport, Connecticut

Perras, D. (2006) *A Behavior Modification Manual for Educators*. Dynamic Printing, Monroe, CT (3rd ed)

Professional Organizations

Member, Council for Exceptional Children (CEC)