

Teacher Mental Health 2020

Coronavirus crisis: 2020 – 21 School Year

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'sample 7/20 slides'

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RESUME'

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Professor, Special Education Department, Southern Connecticut State University, New Haven, 'Seriously Emotionally Disturbed' graduate program, 1972 – 2009.

Independent Educational Consultant, 1973 – 'classroom management' specialty, 328 schools (54 districts/37 agencies,) 1, 300 + PK – 12th grade personalized coaching.

Teacher mental workshops, articles, conferences, media appearances.

EDUCATORS:

THIS WEBINAR WILL EXAMINE THE IMPACT OF THE CORONAVIRUS ON INSTRUCTING OUR NATION'S STUDENTS DURING THE 2020 – 21 SCHOOL YEAR.

EDUCATORS ARE ALREADY MANAGING A VARIETY OF DAILY CHALLENGES THAT STRESS THEIR PROFESSIONAL COMPETENCE AND PERSONAL WELFARE.

EDUCATION'S CHALLENGES

- ▶ The task of educating this generation of *diverse* learners has become dramatically more complex than in prior decades.
- ▶ An increase in dysfunctional family dynamics is correlated with a decline in parental investment in their children's school readiness and personal accountability.
- ▶ Schools are challenged by both students' academic requirements and *socialization* deficits, profoundly impacting educators' skills and commitment.

EDUCATION'S CHALLENGES: INTERNAL FACTORS

- Diverse social – economic – cultural student population.
- Depressed language ability, reasoning skills, and socialization limitations disrupting achievement.
- ▶ Students' self – motivation, perseverance, and critical thinking compromised by excessive electronic entertainment.

- Students' preference for personalized learning and self – expression.
- Behavior management deficits
- **Modifying educational experience for 20 – 40 % of learners 'at – risk' of academic failure.**

CORONAVIRUS

- Now, an additional challenge of educating our nation's students is coping with the serious impact of coronavirus on our society.
- This unprecedented scenario has imposed severe restrictions on personal freedom and public discourse, including the closing of schools to avoid further contamination.
- No prior era since the 1940s has required a national commitment to manage a crisis of this magnitude.
- This webinar addresses the manifestations of coronavirus on educators' ability to sustain a viable learning experience for their respective learners.

TEACHER STRESS INDICATORS

Approximations:

- 25 % standardized testing
- 21 % school administration
- 21 % reality of teaching
- 61 % often / always stressed
- 58 % jeopardized mental health
- 50 % higher rates of burnout in Title 1 'high poverty' schools

(Mahnken, 2017); Campbell, 2020);

(Will, 2017)

