

Teacher Mental Health: Administrators

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'Sample 6/19 slides'

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Administrators

THIS WEBINAR WILL EXAMINE EDUCATORS' MENTAL HEALTH ISSUES IMPACTING THEIR PROFESSIONAL COMPETENCE AND PERSONAL WELFARE.

EDUCATORS ARE MANAGING A VARIETY OF DAILY CHALLENGES THAT STRESS THEIR INSTRUCTIONAL SKILLS AND BEHAVIOR MANAGEMENT ABILITY.

EDUCATION'S CHALLENGES: External Factors

- Social - economic - political factors linked to public schooling.
- Increase in dysfunctional family dynamics correlated with a decline in parental investment in their children's school readiness and personal accountability.
- Financially impoverished families, communities; approximately 20 % of students living in poverty.
- Decreased funding, deteriorating facilities, societal apathy.
- National initiatives to improve school achievement: curriculum mandates, testing requirements.
- Deficient, uncompetitive compensation, challenging working conditions.

EDUCATION'S CHALLENGES: **Internal Factors**

- Diverse social - economic - cultural student population.
- Depressed language ability, reasoning skills, and socialization limitations disrupting achievement.
- ▶ Students' self - motivation, perseverance, and critical thinking compromised by excessive electronic entertainment.

- Students' preference for personalized learning and self - expression.
- **Behavior management deficits**
- Modifying educational experience for 20 - 40 % of learners 'at - risk' of academic failure.

SCHOOL - BASED STRESSORS

- Unappealing, outdated, crisis - management physical environment.
- Inconsistent, insensitive leadership compromised by excessive administrative obligations.
- Erratic, confusing policies / procedures regarding instructional methods and behavioral practices.

- Lack of sufficient staffing, specialists, paraprofessionals.
- Excessive curricula modifications, data collection, IEP reporting.
- Engaging multi - dimensional students with complex learning, social - emotional, and behavioral challenges.

Questions:



Is there evidence of these factors within your district / school?



How significant are these factors on staff mental health?



Is there any coordinated plan to neutralize these factors?